

1/23/14

Notes on the skin

Skin is made of epithelial tissue

Protects the body from: infection and germs and dirt, protects from water loss, protects from injury

Maintains temperature - heat transfers out from the skin. If you get too warm, sweat glands will release moisture which can evaporate and remove heat.

Keeping clean - washing removes bacteria, washcloth or scrub removes loose dead skin. These reduce odor and help skin stay healthy. Deodorant and anti-perspirant address underarm moisture and odor.

Eliminates waste - through perspiration. Waste can come from the breakdown of proteins.

Skin gathers information - skin contains a network of nerve that gives us constant feedback

Produces Vitamin D